

★ KURSPLAN AB 14.09.2020 ★

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
09:00 - 09:45 PILATES Jenny		09:00 - 09:45 BODY PUMP GOLD Max		09:00 - 09:45 BODY POWER Jonathan		09:30- 10:15 BODY PUMP Bettina - Les Mills
		16:00 - 16:45 PILATES Jenny				
17:00 - 17:45 ZUMBA Aylin	17:00 - 17:45 BODYWORK Lena	17:00 - 17:45 BOOTCAMP Jenny	17:00 - 17:45 ZUMBA Yvonne	17:00 - 17:45 STONE Billy - Les Mills		
18:00 - 18:45 BAUCH BEINE PO Sylke	18:00 - 18:45 BODYCONTROL Lena	18:00 - 18:45 BODY PUMP Sylke - Les Mills	18:00 - 18:45 POUND Yvonne	18:00 - 18:45 BODY PUMP Billy - Les Mills		
19:00-19:45 TAI BO Lena	19:00 - 19:45 CX WORX Aylin	19:00 - 19:45 STONE Billy	19:00 - 19:45 STRONG Jenny			
	19:00 - 19:45 CYCLING Jenny					

